## **Therapy**

- 1:1 therapy
- Group therapy
- SaLT
- Occupational Therapy
- Clinical Psychologist
- Educational Psychologist
- Lego Therapy
- Art Therapy

### **Nurture**

Bespoke nurture classes
to support social and
emotional development
and to underpin the
engagement and support
building positive
relationships, re-engaging
with education, developing
trust and confidence and
how to thrive in education

# **Key Stage 3 – Thematic based learning**

Pupils are based in one classroom and have a topic based thematic curriculum – this is designed to meet all of the curriculum areas, National Curriculum targets and content, but is designed to reduce the stress of moving from one classroom to another and to different teachers. Pupils have a base classroom where their learning takes place, allowing for consistency, routine and a sense of safety and wellbeing. This also reduces the additional stresses often associated with the transitions between lessons in the traditional secondary school model.

#### **Entry Level**

### **Functional Skills**

#### GCSE

There is no one set "pathway" for pupils at Helm Academy – we believe in a "Blended Learning Journey" approach that supports the individual strengths of each pupil, allowing them to follow their chosen subjects at levels appropriate to their abilities and of suitable challenge, whilst still remaining engaging and achievable. This is designed to aid pupils in developing confidence and continually achieve sustained progress in their academic studies. It is also flexible, in order to cater for the individuality of each of our pupils, their dreams, hopes and aspirations.

Routes through qualifications are not set, and if pupils show that they are achieving and progressing beyond the levels they are currently working at in any qualification or subject, then they are able to easily move to the next appropriate level to continue their academic journey.

Learning is truly bespoke and designed to meet the needs of each individual pupil.

## Intervention

Every pupil undertakes a full assessment in order for the staff to fully understand how to best support them across all areas of their educational, social, emotional and mental health needs. These assessments also highlight areas of need for pupils, gaps in learning and areas for further and more intensive support, as well as areas of strengths for stretch and challenge. At Helm Academy we have trained therapists, and specialist intervention staff, who deliver bespoke intervention programs for individual pupils, in order to fill gaps in learning and areas for development and support.

## **Enrichment**

- ASDAN
- AQA Unit Awards
- Art Awards
- DoE
- Cookery
- Sport
- Gardening
- Employability
- Life skills

Enrichment is for all pupils
throughout their time at
Helm Academy, it is
designed to be flexible and
to cater to the needs and
interests of the pupils. It
should also allow them to
access qualifications to
support their development
into adulthood and life
beyond school.